

# GRADE 1 AT-A-GLANCE

## HEALTH AND LIFE SKILLS

**Relationship Choices**

- recognize and demonstrate various ways to express feelings.

**Life Learning Choices**

- define a goal, and recognize that setting goals helps accomplish tasks.

**Wellness Choices**

- demonstrate positive hygiene and health care habits.

## SCIENCE

Creating Colour

Seasonal Changes

Needs of Animals and Plants

Building Things

Senses

## ENGLISH LANGUAGE ARTS

**Communicate clearly**

- print legibly, left to right, using lines on a page
- explore keyboard skills
- write simple statement showing awareness of capital letters and periods.

**Explore thoughts and ideas**

- make observations about activities and experiences depicted in texts
- experiment with different ways of looking at stories and ideas
- read and write with others.

**Manage ideas and information**

- connect information from various texts
- follow spoken directions for gathering ideas and information
- find and categorize information.

**Respect and support others**

- listen to the ideas of others
- take turns sharing ideas and information
- work in partnerships and groups.

## PHYSICAL EDUCATION

**Benefits Health**

- experience cardio-respiratory activities
- recognize personal abilities while participating

**Activity**

- develop and apply age-appropriate skills in the dimensions of:
  - Alternative Environments, Dance, Individual Activities, Types of Gymnastics

**Cooperation**

- identify and demonstrate respectful communication and fair play
- display willingness to play cooperatively with others

**Do It Daily ... for Life!**

- describe effort and show willingness to participate in various physical activities
- try a challenging movement experience based on personal abilities

## SOCIAL STUDIES

My World: Home, School and Community

Moving Forward with the Past: My Family, My History and My Community

## OPTIONAL SUBJECT AREAS

Languages

Drama

## SUPPORTS FOR LEARNING

Distributed Learning

Early Literacy

English as a Second Language (ESL)

Special Education Needs

## MATHEMATICS

**Number**

- recognize and work with whole numbers from 0 to 100
- recognize at a glance arrangements of 1-10 objects
- add/subtract to 20

**Shape and Space**

- demonstrate an understanding of measurement
- sort 2-D shapes and 3-D objects using one attribute.

**Patterns and Relations**

- identify, create and compare patterns arising from their daily experiences
- describe equality and record using the symbol.

## ART

Depiction

Reflection

Expression

Composition

## MUSIC

Melody

Form

Harmony

Expression

Rhythm

**INFORMATION AND COMMUNICATION TECHNOLOGY (ICT).** Students learn and apply ICT knowledge and skills while learning in content areas such as language arts, mathematics, science and social studies.

## Information for Parents

Parents can access information about the curriculum and learning resources in a number of ways:

- your child's teacher or school
- Curriculum Summaries
- Curriculum Handbooks
- Curriculum Express
- Programs of Study on the Alberta Education Web site.

## How Can I Help My Child At Home?

Show interest in school activities by:

- asking questions
- helping with homework and projects
- setting aside time and a place for your child to complete homework
- reading to and with your child.

Use Alberta Education and other resources produced for parents, such as:

- **The Parent Advantage**—*Tips and strategies for helping with homework in grades 1 through 9.*
- **LearnAlberta.ca Web site**—*Online multimedia learning resources that directly relate to the Alberta programs of study.* <http://learnalberta.ca>
- **TELUS 2Learn Web site**—*An education-business partnership that provides Internet inservice, support and mentorship for Alberta teachers.* <http://www.2learn.ca>

## Schooling in Alberta

**Curriculum** describes what students are expected to learn. Alberta Education develops the curriculum in consultation with teachers, administrators, parents, representatives from post-secondary institutions, and professional and community groups.

Teachers use the curriculum to plan learning activities that meet their students' needs and abilities. They regularly assess student progress, reporting to parents, students and administrators.

Students write provincial achievement tests in grades 3, 6 and 9.

## Languages

- Blackfoot
- Chinese (Mandarin)
- Cree
- French
- German
- Italian
- Japanese
- Punjabi
- Spanish
- Ukrainian

These languages as well as others may be available at your child's school. For more information, contact the local school board.

## Where Can I Get More Information?

- The Alberta Education Web site  
<http://education.alberta.ca/>
- Arts, Communications and Citizenship  
Telephone: 780-427-2984  
Fax: 780-422-3745  
E-mail: [curric.contact@education.gov.ab.ca](mailto:curric.contact@education.gov.ab.ca)
- Digital Design and Resource Authorization  
Telephone: 780-427-2984  
Fax: 780-422-3745  
E-mail: [curric.contact@education.gov.ab.ca](mailto:curric.contact@education.gov.ab.ca)
- Distributed Learning  
Telephone: 780-674-5350  
Fax: 780-674-6561  
E-mail: [DLB.General@gov.ab.ca](mailto:DLB.General@gov.ab.ca)
- Early Learning Branch  
Telephone: 780-422-9423  
Fax: 780-643-1188  
E-mail: [PUF@gov.ab.ca](mailto:PUF@gov.ab.ca)
- First Nations, Métis and Inuit Services  
Telephone: 780-415-9300  
Fax: 780-415-9306  
E-mail: [FNMI.Services@gov.ab.ca](mailto:FNMI.Services@gov.ab.ca)
- French Language Education Services  
Telephone: 780-427-2940  
Fax: 780-422-1947  
E-mail: [LSB@edc.gov.ab.ca](mailto:LSB@edc.gov.ab.ca)
- Learner Assessment  
Telephone: 780-427-0010  
Fax: 780-422-4200  
E-mail: [LAcontact@edc.gov.ab.ca](mailto:LAcontact@edc.gov.ab.ca)
- Mathematics and Science  
Telephone: 780-427-2984  
Fax: 780-422-3745  
E-mail: [curric.contact@education.gov.ab.ca](mailto:curric.contact@education.gov.ab.ca)
- Special Education Branch  
Telephone: 780-422-6326  
Fax: 780-422-2039  
E-mail: [Special.Education@gov.ab.ca](mailto:Special.Education@gov.ab.ca)

[www.education.alberta.ca](http://www.education.alberta.ca)

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Grade 1

Curriculum  
Summary



Alberta

Government of Alberta